



American Academy of Health and Wellness

Doctoral Program Catalog

2/1/2021-12/31/2021

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**Perspective —
The Future of Chinese Medicine in the United States**



The ancient Chinese arts of healing are finding new life in the 21st century. My area of interest is the acceptance and integration of traditional Chinese medicine into mainstream medical

practice in the US. From my perspective, the trend for medicine in America is moving steadily toward integrative medicine. More and more, acupuncture and traditional Chinese medicine are being recognized as an effective medical modality, both as an adjunct to Western medicine and as stand-alone therapy for many medical conditions. As traditional Chinese medicine gains acceptance and credibility in the US, it is vital that acupuncturists broaden their understanding of TCM, upgrade their clinical skills, and follow the highest standards of current medical practice. Increased levels of professionalism in our field will gain the respect of the Western medical community and enable TCM practitioners to more effectively offer their patients the wealth of knowledge inherent in a three-thousand-year-old medical system.

The American Academy of Health and Wellness extends a warm welcome to those of you who elect to enhance your skills, enrich your practice, and pursue your future in the ever-expanding field of traditional Chinese medicine.

Xiping Zhou MD (China), LAc

President, AAHW



Table of Contents

<i>Our Unique Institution</i>	4
<i>Introduction</i>	5
<i>Doctoral Program in Acupuncture & Oriental Medicine</i>	8
<i>Curriculum Outline</i>	9
<i>Course Descriptions</i>	11
<i>Student Policies</i>	17
<i>Grading Standards</i>	22
<i>Graduation Requirements</i>	23
<i>Admission Procedures</i>	24
<i>Financial Information</i>	26
<i>Facilities</i>	28
<i>Faculty</i>	29
<i>Governance and Administration</i>	38
<i>Application Form</i>	

AAHW is a truly unique institution...

Outstanding features of AAHW's doctoral program include:

Faculty.

Our faculty members constitute one of our strongest distinctions. All of the instructors in AAHW's doctoral program hold Ph.D. degrees in traditional Chinese medicine from Chinese universities, and many of them have done post-doctoral work in their area of focus. Faculty members serve as advisors to doctoral candidates in their specialty area, and develop a close collegial relationship with their advisees. Collectively, AAHW faculty members hold the largest number of graduate TCM degrees of any TCM school in the US, and represent decades of experience as practitioners of TCM. Each faculty member has an extensive publication list of research papers and textbook contributions.

Curriculum.

The AAHW doctoral program has three main components: in-depth study of five TCM specialty areas; academic courses emphasizing both classical TCM texts and current scientific research; and a clinical practicum and training component, culminating in a research paper on a topic in one of the specialty areas. The five TCM specialty fields included in the doctoral program are: TCM Neurology, TCM Gynecology, TCM Orthopedics, TCM Oncology, and TCM Psychiatry. Each of the five specialty areas is taught by a faculty member who is a trained specialist in that field. The academic curriculum is structured to provide a well-balanced learning experience which presents the best of Chinese medical classics and the most relevant research-based information available from modern TCM and Western sources. The clinical practicum experience is specialty-focused. Candidates are expected to select an advisor, organize their clinical practicum, and determine a topic for their capstone research project in relation to the specialty area they have chosen to focus on.

Clinical Practice.

The Clinical Practicum and Training sections of the doctoral program are specialty-focused

and present doctoral candidates with the opportunity to develop and advance their clinical and practice management skills. Participation in clinical settings, on and off campus, provides candidates with excellent opportunities to work closely with their AAHW supervisors, as well as off-campus staff members such as nurses, physicians, social workers and psychologists. In addition to treating patients and supervising interns in the AAHW Student Clinic, candidates have access to specialized patient bases in off-campus venues such as University of Minnesota Medical Center (UMMC). Candidates can expect to broaden and deepen their clinical skills beyond their previous training in terms of critical thinking, case analysis, therapeutic techniques applied, and ability to more accurately predict the prognosis and outcomes of treatment.

Introduction to AAHW

Statement of Purpose

The American Academy of Health and Wellness has established our Doctorate of Acupuncture and Oriental Medicine program with the goal of providing advanced training for qualified practitioners of traditional Chinese medicine. The integrated approach to healing which is central to our program enables our graduates to combine advanced knowledge of classical and contemporary Chinese medicine with an educated understanding of the Western medical approach to disease. In-depth study of one of the five specialty areas covered by our program enables our graduates to bring exceptional healing skills to their personal practice. The Academy is committed to the training of advanced TCM professionals. We strive to prepare our students for careers of lifelong learning and professional development so that they, in turn, can transmit the benefits of traditional Chinese medicine to the wider community.

Educational Objectives

The educational objectives of the doctoral program in acupuncture and Oriental medicine at AAHW are as follows:

1. Doctoral candidates will exhibit in-depth understanding of health conditions within their selected field of study from the perspective of both traditional Chinese medicine and modern Western medicine.
2. Doctoral candidates will demonstrate advanced skill levels in the assessment and diagnosis of health conditions in their selected field of study from a TCM perspective.
3. Doctoral candidates will demonstrate advanced clinical practice skills in the areas of diagnosis, needling, and herbal prescriptions.
4. Doctoral candidates will demonstrate the ability to effectively utilize both classical and contemporary Chinese medical techniques in their practice.
5. Doctoral candidates will demonstrate effective management of their on-site clinical practice, including the ability to collaborate effectively with their adviser and other practitioners.
6. Doctoral candidates will demonstrate mastery of clinical research techniques through successful completion of a “capstone” research project in their chosen Chinese medicine specialty.

Location

The American Academy of Health and Wellness will be located at 2233 Hamline Ave. N, Suite 432, in Roseville, Minnesota, near the junction of I-35W and Highway 36. The building has in excess of 100 free parking spaces to accommodate students, faculty, and patients. The property



also has community space that includes a conference room, fitness center and vending machines are available for everyone in the building . Our facilities include 2 classrooms, 4 treatment rooms, an herbal pharmacy space as well as a library/study area for all the students.

History of AAHW

Following the remarkable success of the three TCM Health Centers in Minnesota, which began providing acupuncture services in 1995, The Academy's founders were strongly encouraged by staff and faculty of our sister school in China, the Shandong University of Traditional Chinese Medicine in Jinan, to establish a school of TCM in the United States. After much hard work and dedication, the Academy was founded in August 1997 under the name of American Academy of Acupuncture and Oriental Medicine (AAAOM), and regular classroom instruction began in January, 1999. Twenty one years later AAAOM transferred ownership to a new company American Academy of Health & Wellness (AAHW) to carry on the fine tradition of education in acupuncture and Asian health studies.

Registration and Approval

American Academy of Health and Wellness is registered with the Minnesota Office of Higher Education pursuant to Minnesota Statutes sections 136A.61 to 136A.71. Registration is not an endorsement of the institution. Credits earned at the institution may not transfer to all other institutions.

Accreditation

AAHW and the following programs currently remain accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM):

- (1) Master of Acupuncture (MAc)
- (2) Master of Acupuncture with a Chinese herbal medicine specialization (MAOM)
- (3) Doctoral Degree of Acupuncture and Oriental Medicine (DAOM)

At its August 2020 meeting, the Commission placed AAAOM on probation for failing to meet one or more of ACAOM's Criteria for Accreditation as evidenced by a revocation order issued to AAAOM by the Minnesota Office of Higher Education. AAAOM subsequently completed a change in ownership and name change (to "American Academy of Health and Wellness"), and AAHW is scheduled for Commission review at its August 2021 meeting

Accreditation status and notes may be viewed on the ACAOM Directory. ACAOM is recognized by the United States Department of Education as the specialized accreditation agency for institutions/programs preparing acupuncture and Oriental medicine practitioners. ACAOM is located at 8941 Aztec Drive, Eden Prairie, Minnesota 55347; phone 952/212-2434; fax 952/657-7068; www.acaom.org

Minnesota Licenses Requirement for Practice

Minnesota requires that candidates have an acupuncture license for practicing acupuncture in Minnesota.



Doctoral Degree Program *in Acupuncture & Oriental Medicine*

The doctoral program curriculum is structured to be completed in two years. Candidates will attend the campus for a four-day attendance period, once every four weeks. Academic courses, clinical practicum hours, and face-to-face time with advisors will be scheduled during attendance periods, with additional clinical practicum hours to be scheduled at the candidates' convenience.

The total curriculum of 1,260 hours (62 credits) includes 540 didactic hours of classroom instruction and individual contact with instructors, 660 hours of clinical practice, and 60 hours of capstone project research. The program has 3 principal components:

- (1) In-depth study of five TCM specialty areas: TCM Neurology, TCM Gynecology, TCM Orthopedics, TCM Oncology, and TCM Psychiatry;
- (2) Academic courses emphasizing both classical TCM texts and current scientific research
- (3) Clinical practicum and training, culminating in a research paper on a topic in one of the specialty areas.

For each of the TCM specialty areas there is a core course which examines that area in depth, with a focus on integrating TCM understanding and Western scientific knowledge of the field. Classical and modern TCM sources pertaining to each specialty are studied, and the latest scientific studies and theories and clinical trials based on the Western medical paradigm are presented. Each of the five specialty areas is taught by a faculty member who is a trained specialist in that field.

The academic curriculum is structured to provide a well-balanced learning experience which presents the best of Chinese medical classics and the most relevant research-based information available from modern TCM and Western sources. Fundamental principles and significant techniques from the Yellow Emperor's Classic of Medicine, Treatise on Cold Febrile Diseases, Differentiation of Warm Diseases, and Great Compendium of Acupuncture and Moxibustion are intrinsic to the curriculum, as are cutting-edge Chinese medical research and state-of-the-art Chinese medicine techniques developed in contemporary China.

The clinical practicum experience is specialty-focused. Candidates will select an advisor, organize their clinical practicum, and determine a topic for their capstone research project in relation to their chosen specialty area. The required 660 hours of clinical training/practicum are completed either on-campus at AAHW, or off-campus at clinic locations affiliated with and designated by AAHW. Candidates actively manage their practice in relation to patient assessment, Chinese medicine diagnosis, clinical intervention, consultation with advisors, and collaboration with other practitioners and health care professionals.

Doctoral Degree Program *in Acupuncture & Oriental Medicine*

Candidates will complete a research study paper, or “capstone project,” at the end of their clinical practicum experience, and present it before a three-member Dissertation Committee prior to graduation. The written research report will be based on data gathered by candidates in the course of their clinical work, and augmented by a review of applicable research literature.

Acupuncture Program Curriculum Outline

Curriculum Outline for the Doctor Degree Program in Acupuncture & Oriental Medicine

First Year

First Trimester

Course #	Course Title	Hours	Credits	Hours/Week
5101	Yellow Emperor's Classic of Medicine	30	2	2
5102	Integrative Neurology I, II	60	4	4
5103	Clinical Research Methodology	15	1	1
5104	Clinical Practicum & Training I	120	4	4
	Total	225	11	11

Second Trimester

Course #	Course Title	Hours	Credits	Hours/Week
5201	Treatise on Febrile Disease	30	2	2
5202	Integrative Gynecology I, II	60	4	4
5203	Clinical Research Paper Writing	15	1	1
5204	Clinical Practicum & Training II	120	4	4
	Total	225	11	11

Third Trimester

Course #	Course Title	Hours	Credits	Hours/Week
5301	Differentiation of Warm Diseases	30	2	2
5302	Integrative Psychology I, II	60	4	4
5303	Advanced Acupuncture Techniques	30	2	2
5304	Clinical Practicum & Training III	150	5	5
	Total	285	17	19

Doctor Degree Program in Acupuncture

Second Year

First Trimester

Course #	Course Title	Hours	Credits	Hours/Week
5401	Acupuncture Classics & Styles	30	2	2
5402	Integrative Oncology I, II	60	4	4
5403	Scientific Acupuncture	30	2	2
5404	Clinical Practicum & Training	30	2	2
2105	IV	150	5	5
	Total	270	13	13

Second Trimester

Course #	Course Title	Hours	Credits	Hours/Week
5501	Synopsis of the Golden Cabinet	30	2	2
5502	Integrative Orthopedics	60	4	4
5503	Research Project	60	4	4
2205	Clinical Practicum & Training	120	4	4
	V			
	Total	270	14	14

Total Program Hours **1,260** **62 Total Program Credits**

(Lecture: 540 Hours; Capstone Project: 60 Hours; Clinical Practicum: 660 Hours)

Doctoral Program in Acupuncture & Oriental Medicine

Course Descriptions

5201 Treatise on Febrile Disease

2 credits/30 hours

This course is to advance students' understanding and applying knowledge and skills from Shang Han Lun to common clinical conditions. Ten constitutions defined by leading herbs will be discussed and elaborated. The Japanese development of Shang Han Lun (Kampo) is lectured. Real cases of Shang Han Lun are demonstrated in class.

5202 Integrative Gynecology I

2 credits/30 hours

This course will start from anatomy and physiology of female reproductive system and basal body temperature (BBT). Cerebellum Acupuncture, Scalp Acupuncture, Spinal Acupuncture and Abdominal Acupuncture will be elaborated and demonstrated. Classical formulas are prescribed for each abnormal functions of reproductive system. The treatment of Ovarian Cyst, Polycystic Ovary Syndrome, Uterine Fibroids, Endometriosis and Menopausal Syndrome will be thoroughly discussed. Supportive treatment and care to Assisted Reproductive Technology (ART) will be demonstrated. Chinese medicine support for fetal development is elaborated.

5202 Integrative Gynecology II

2 credits/30 hours

This course will start with common gynecology diseases: Menoxenia, Dysfunctional Uterine Bleeding, Amenorrhea, Dysmenorrhea, Polycystic Ovary Syndrome, Premenstrual Tension Syndrome, Menopause Syndrome, Vulvovaginitis, Pelvic Inflammation, Endometriosis, etc. Each disease will be explained and categorized by Chinese medicine physiology and pathology. Their Chinese medicine treatments will also be demonstrated. Important Chinese medicine syndromes and treatments of Female Infertility will be thoroughly discussed in class, and will be elaborated and demonstrated through real clinical cases. Research evidence about the diagnosis and TCM treatment of infertility and the impact of acupuncture on IVF outcomes are also presented.

5203 Clinical Research Paper Writing

1 credit/15 hours

Through analysis of exemplary papers, candidates are introduced to accepted standards of scientific research paper writing, including standard scientific format and language. This course will prepare doctoral candidates to write the capstone research paper required for completion of the program. Each component of a clinical research paper is discussed. A wide range of well-recognized papers documenting clinical trials are discussed in the class. Essential techniques of writing a clinical research paper are presented and developed.

5203 Clinical Research Methodology

1 credit/15 hours

Through analysis of exemplary papers, candidates are introduced to accepted standards of scientific research paper writing, including standard scientific format and language. This course will prepare doctoral candidates to write the capstone research paper required for completion of the program. Each component of a clinical research paper is discussed. A wide range of well-recognized papers documenting clinical trials are discussed in the class. Essential techniques of writing a clinical research paper are presented and developed.

Doctoral Program in Acupuncture & Oriental Medicine

Course Descriptions

5301 Differentiation of Warm Diseases

2 credits/30 hours

Presents the major theories of “warm diseases” as they appear in the historical record of Chinese medicine. Wen Bing Tiao Bian (Differentiation of Warm Diseases) is the primary classical text on this subject, dealing with pattern differentiation of warm diseases and the herbal formulas commonly used to treat various patterns. The etiology, pathogenesis, diagnosis and treatment of ten of the most commonly-encountered warm diseases explicated in this text will be analyzed. The ongoing usefulness of classical Chinese medical texts is underscored by contemporary applications of the pathologies described in Wen Bing Tiao Bian to “modern” diseases such as AIDS and SARS, which will also be explored in this course.

5302 Integrative Psychiatry I

2 credits/30 hours

This course will present to the students an integrated approach to common psychiatric conditions encountered in clinical practice. A step-by-step diagnostic methodology and key points in the treatment methods of psychiatric diseases based on clinical experience will be discussed. Students will also learn comprehensive and advanced knowledge of psychiatric disorders from the Oriental Medicine point of view and Western medicine diagnosis. Evidence-based treatment mechanisms will be discussed to help students build a strong scientific background for the appropriate application of Oriental medicine remedies for Psychiatric disorders.

5302 Integrative Psychiatry II

2 credits/30 hours

This is the second part of TCM psychiatry. It will focus on Ben Shen Acupuncture. Shen Qi is the fundamental concept of this course. It will present the physiology and pathology of Shen Qi, Acupuncture treatment herbal prescriptions and other Chinese medicine modalities will be described, illustrated demonstrated. the applications of Ben Shen Acupuncture will be applied to depression, anxiety, insomnia, PTSD, schizophrenia and Dian, Kuang, Xian.

5303 Advanced Acupuncture Techniques

2 credits/30 hours

Provides students with essential concepts and refined techniques of acupuncture needling, as well as demonstrating how to apply these techniques effectively in the treatment of common and complex conditions. A number of different techniques are applied to the acupoints most commonly used in clinic practice. Key concepts which are critical to the successful treatment of disease with acupuncture are elaborated. Students will be expected to master the techniques presented and apply them successfully in clinical treatment. Also explored in this course are advanced needling techniques such as microacupuncture, three-needle acupuncture, dermal acupuncture, and others.

Doctoral Program in Acupuncture & Oriental Medicine

Course Descriptions

5401 Acupuncture Classics and Styles

2 credits/30 hours

Although Tung's acupuncture is famous for its unique set of acupuncture points, the unique points are only part of a much bigger picture. Tung's acupuncture is a complete system that includes its own channels, unique points, diagnostic methods and needling techniques. Furthermore, Tung's acupuncture is based on a five zang (six fu) channel system unique to the Tung system, different from the traditional 14 channels of acupuncture. This course will discuss Master Tung's clinical cases, as well as the diagnostic and treatment protocols from the private practice case studies of some of the most elite practitioners of Master Tung's acupuncture.

5402 Integrative Oncology I

2 credits/30 hours

This course will explore the theory and efficacy of Chinese medicine in support of the treatment of cancer. Dr. Mah came to the United States in 1996 and focused on anti-cancer treatment. He was inspired by the ancient herbal prescription Bie Jia Jian Wan, which he drew upon to develop his consotherapy approach. This approach will serve as the basis to his teaching on the TCM clinical analysis of cancer pathology, therapy, and even prevention. Class topics will include: The world map of cancer; the basic theory of oncology; The outline of TCM oncology, Dr. Mah's first step of using Chinese medicine to treat cancer; analysis of Bie Jia Jian Wan; discovery of consotherapy; standardization of cancer pathology, diagnosis using consotherapy analyzing 1000 cases; standardization of cancer treatment in consotherapy; and discussion on key points.

5402 Integrative Oncology II

2 credits/30 hours

This subject will help students improve their ability to treat cancer patients with Traditional Chinese medicine. Student will be able to: independently make a TCM diagnosis of cancer/tumor in its early-stages; Guide patients in choosing the correct therapies; Support patients' health as they undergo surgery, chemotherapy and radiation, and to augment the efficacy of those interventions; To learn how to apply all the modalities in reducing the side effect from chemotherapy and radiation. Students will be exposed to the new integrative cancer therapy - Shen Xiang Wen Tong Therapy - to restore weakened immunity, restore homeostasis, and eventually eliminate the cancer.

5403 Scientific Acupuncture

2 credit/30 hours

By exploring critical challenges facing practitioners in clinic and clarifying the scientific essence (reflex zones) of the meridians, this course will introduce the novel theory of "Acu-Reflexology" (called Acu-Reflex Point Acupuncture, ARPA), analyze clinical strategies and present detailed techniques in treating difficult cases to maximize effectiveness. This course introduces the theory of Acu-Reflex Point Acupuncture, demonstrates the art & science of needling techniques and evidence-based electro-acupuncture, and optimal acupuncture for treatment of complex cases.

Doctoral Program in Acupuncture & Oriental Medicine

Course Descriptions

5501 Synopsis of the Golden Cabinet

2 credits/30 hours

This course covers selected topics and chapters from Jin Kui Yao Lue: Xiao Ke (diabetes), Ke Sou (cough) and women's conditions lectured by Dr. Xie. Gastrointestinal sections are covered by Dr. Tian. Vomiting, retching and diarrhea are covered by Dr. Tang. Real clinical cases are demonstrated for the value of Jin Kui Yao Lue. Pattern and symptom differentiation is illustrated from the classical traditions.

5502 Integrative Orthopedics I

2 credits/30 hours

This course studies the assessments, diagnoses, and treatments of spinal disorders, from the integrative views of Chinese and western medicine. It also includes most updated knowledge of spine health, physical examination for the spine, as well as meridian differentiation special for acupuncture practice. Cases of spinal disorders will be discussed with integrative approaches. The practicals focus on acupuncture and manipulations for the spine.

5502 Integrative Orthopedics II

2 credits/30 hours

This is a singular-focus TCM course: Rheumatic Diseases. Pattern differentiation and treatment of rheumatic diseases are thoroughly discussed. A class of western medicine disease in the category of TCM rheumatic disease are explored. Sequela of traumatic brain injury is discussed and demonstrated in acupuncture and Chinese herbal medicine. All these approaches are validated by real patient cases in class.

5503 Research Project

4 credits/60 hours

Prerequisites: 5104 Clinical Research Methodology; 5204 Clinical Research Paper Writing

Candidates will complete a research study paper, or "capstone project," at the end of their clinical practicum. The written report will be based on data gathered by candidates in the course of their clinical work, and augmented by a review of applicable research literature. Candidates will also be required to present an oral defense of their capstone report before a three-member dissertation committee prior to graduation. Valuable insight and assistance in the completion of the capstone project will be provided by faculty members who have extensive publication experience. Candidates will be encouraged to submit their research paper for publication in one of the principal acupuncture journals, although publication is not required for successful completion of the program.

Doctoral Program in Acupuncture & Oriental Medicine

Course Descriptions

Clinical Practicum and Training I - V

22 credits/660 hours

Prerequisite: Minimum 600 hours of clinical internship in accredited Master's degree program.

The clinical practicum experience is specialty-focused. Candidates are expected to select an advisor, organize their clinical practicum, and determine a topic for their capstone research project in relation to their chosen specialty. For each 120-hour or 150-hour clinical practicum period, candidates' overall clinic practice will be primarily focused on one of the program's five specialty areas. In addition, candidates will also arrange to work with patients in their chosen specialty area. Candidates will actively manage their practice in relation to patient assessment, Chinese medicine diagnosis, clinical intervention, consultation with advisors, and collaboration with other practitioners and health care professionals. Candidates can expect to broaden and deepen their clinical skills beyond their previous training in terms of critical thinking, case analysis, therapeutic techniques applied, and ability to more accurately predict the prognosis and outcomes of treatment. Candidates also benefit from their practicum experience by expanding their ability to recruit and retain patients in their own practices through their capacity to provide specialized, high-quality services.

5104	Clinical Practicum and Training I	120 hours
5204	Clinical Practicum and Training II	120 hours
5304	Clinical Practicum and Training III	150 hours
5404	Clinical Practicum and Training IV	150 hours
5504	Clinical Practicum and Training V	120 hours

Student Policies

Attendance

Candidates are expected to attend all scheduled classes and clinical practice sections. Candidates are responsible for all assignments and for the content of all classes. If absence is unavoidable, candidates should notify the appropriate instructor or clinic supervisor ahead of time and take responsibility for making up missed work. It is especially important for candidates to be reliable in their attendance at scheduled clinical practice training at off-campus sites. Candidates may miss up to two attendance weekends per year without penalty, but must arrange to make up the missing work. Candidates who miss two consecutive attendance periods, and who do not notify school administration or fill out appropriate Leave of Absence or Withdrawal forms, will be presumed to have withdrawn from the program.

Leave of Absence

A candidate may request a Leave of Absence (LOA), which allows him/her to interrupt study while maintaining current registration (see “Application Form for Leave of Absence” in Appendix). The request for an LOA must be made in advance, unless unforeseen circumstances prevent the candidate from doing so. The request must be made in writing, signed and dated by the applicant, and is then reviewed by the DAOM Program Director. The LOA application must include the reason for the requested leave. Permission is usually granted for any of the following reasons:

1. Medical problems and maternity leave.
2. Financial difficulties.
3. Personal situations that warrant the student to temporarily suspend attendance, such as compulsory military service.
4. Emergency in the student’s immediate family.

The expected date of return must be specified, and an LOA is normally limited to no more than two calendar months. While on LOA, candidates are responsible for any outstanding tuition payments, which must be paid in their entirety before resuming attendance. Candidates returning from LOA are responsible for contacting their instructors and clinic supervisors at least one week before their return to arrange for resumption of classes and clinic shifts.

Candidates who are unable to return to the program after the expiration date of their LOA must discuss their situation with the Program Director. Possible options include extension of the LOA, temporary discontinuation of the program, or withdrawal from the program. Candidates who discontinue or withdraw from the program will need to re-apply under the admission policies then in effect and, if applicable, take all tests in courses which they have not fully completed. All missing work must be made up.

Policies

Records

Candidates' academic records are maintained in permanent files in the Administration Office. "Academic records" include all documents relating to a candidate's activities at AAHW including but not limited to: admissions, class registration, tuition payments, correspondence, grades, tuition agreement form, and health documents. Academic information is confidential and is available for use by authorized school officials only. Officials from accrediting agencies, the US Department of Education, financial aid providers, or independent auditors may also have access to student records, if necessary, to conduct legitimate business with AAHW.

AAHW guidelines for student records conform to the Family Educational Rights and Privacy Act of 1974 (FERPA), known as the Buckley Amendment, concerning the right of a student to inspect her/his educational records and the release of personally-identifiable information to third parties. The act also provides that a student has the right to a hearing in order to provide for the correction or deletion of inaccurate, misleading or otherwise inappropriate data and provides that students be informed annually of the types of educational records maintained by AAHW that are directly related to students. Candidates must give written consent for disclosure of their records to third parties such as employers, government agencies, other schools, or family members. Under certain specific circumstances, such as a legal court order or Department of Education audits, AAHW may disclose student education records without signed consent from the student.

Academic Progress

Doctoral program candidates are expected to maintain satisfactory academic progress throughout the program to achieve their degree. A cumulative 2.5 (C+) grade point average must be maintained for didactic courses, and clinic work must be judged as satisfactory by the Program Director and clinic supervisors. A passing grade must be achieved for any comprehensive, demonstrative or oral examination.

Unsatisfactory Academic Progress

Candidates who fail a class, do not meet clinical practice standards, or are otherwise judged to be performing poorly will be required to attend a joint meeting with their academic advisor and the Program Director for a review of their progress in the program. The objective of such a meeting is to develop a plan of action which will enable the candidate to resolve difficulties and regain satisfactory progress in the program. Candidates who meet the requirements of the recommended plan to the satisfaction of the Program Director will continue in the program in good standing. If no resolution is reached, candidates may be dismissed from the program.

Policies

Professional Conduct

Doctoral candidates are expected to conduct themselves in a professional, respectful and ethical manner in their relationships with their patients, instructors, advisors, fellow students, and AAHW employees and staff members.

Instances or accusations of unprofessional conduct on the part of doctoral candidates, AAHW faculty members, or AAHW employees will be investigated by AAHW administration, which reserves the right to discipline or dismiss any individual who is found to have engaged in unprofessional conduct. Any individual so disciplined or dismissed has the right to bring his/her case to the attention of the Minnesota Higher Education Services Office or the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).

AAHW subscribes to the NCCAOM Code of Ethics for TCM practitioners, and expects candidates to observe its stipulations in regard to non-discrimination, patient privacy, appropriate conduct, avoidance of misrepresentation, etc.

AAHW expects that all assignments, papers, examinations and projects submitted in regard to the completion of a course are the candidate's own work. Candidates should be extremely careful to distinguish their work from information derived from other sources in print or online, including information and opinions obtained from other people. Correctly citing the sources and origins of others' work is the candidate's responsibility.

AAHW is committed to maintaining a drug-free environment for its students. In compliance with state, federal and local law, AAHW prohibits the unlawful possession, use, distribution, sale or manufacture of alcohol, controlled substances, or illicit drugs on school property or as part of any institutionally-authorized activity. The possession, use or sale of alcohol and/or unauthorized or illegal drugs, or the misuse of any legal drugs on school premises, is prohibited and will constitute grounds for dismissal from the program. Any student under the influence of drugs or alcohol while on school premises will be subject to discipline, including dismissal from the program. Students should advise the Program Director of any use of prescribed drugs which may affect the student's judgment, performance or behavior.

Grievance Process

Policies

The Academy encourages truthful and frank dialogue among students, between students and Faculty members, and between students and the administration. In order to facilitate communication and satisfactory resolution of grievances, the following process should be followed:

1. The individual with the grievance should first attempt to resolve the issue directly with the student concerned.
2. If this dialogue fails to resolve a grievance, the individual may arrange a meeting with the DAOM Program Director or AAHW Academic Dean for appropriate resolution of the problem.
4. If the individual still believes the grievance has not been dealt with satisfactorily, he/she may make a written request to the Program Director or Academic Dean for a hearing with an Academy Grievance Committee. A Grievance Committee enables students to pursue grievances against the administration or faculty. The responsibilities of the committee include: hearing the grievance; hearing the Academy's response; reviewing any action taken; gathering relevant information; preparing a recommendation to the President of the Academy. The Grievance Committee, appropriate to the issue, will be formed of three members, including faculty, student and/or administrative personnel (who are not involved in the grievance).
5. After the Grievance Committee's decision, if the individual believes the ruling is unfair, he/she may contact Minnesota Office of Higher Education, 1450 Energy Park Drive, Suite 350, St. Paul, Minnesota, 651-642-0533, for further assistance.

Rights and Privileges

All members of the American Academy of Health and Wellness, including faculty members, administrative staff, Board Directors, and Advisory Board members have a primary mission of assisting the student's academic progress, as effectively as possible, towards the completion of degree requirements. At AAHW, students have the right and privilege to receive an appropriate educational program; to be informed about all AAHW policies which pertain to students; to attend the college in an academic and social climate free from fear and violence; to be free from harassment, threats, or intimidation which create a hostile or offensive learning atmosphere; to utilize the learning resources pertaining to students; and to receive fair and reasonable treatment from those who enforce AAHW policies. Students have the right to bring their concerns about academic or administrative rulings or procedures to the relevant department. It is the students' responsibility to be informed of their rights and responsibilities.

Non-discrimination

The Academy is committed to a policy of equal opportunity. We do not discriminate against any student, faculty, or staff member for reasons of race, religion, gender, sexual preference, age, handicap, citizenship, national origin, or political philosophy.

Policies

Handbooks

The Academy issues the following handbooks to candidates: Student Handbook for AAHW Doctoral Candidates; Clinic Handbook for AAHW Doctoral Candidates; OSHA Manual. These handbooks are the candidates' guide to official policies and procedures of the institution. Candidates are expected to be familiar with all of the policies and procedures contained in handbooks which are issued to them.

Equal Opportunity Statement and Notice of Nondiscrimination

The American Academy of Health and Wellness (the Academy) is committed to the principles of equal employment opportunity and equal educational opportunity. The Academy does not unlawfully discriminate on the basis of race, color, creed, religion, national origin, sex, sexual orientation, gender identity or expression, family status, disability, age, marital status, status with regard to public assistance, membership or activity in a local commission, genetic information, or any other characteristic protected by applicable law. Additionally, as is required under Title IX, a federal law that prohibits discrimination on the basis of sex in any federally funded education program or activity, Title IX protects all members of our campus community who experience sex discrimination, sexual harassment, sexual assault, sexual misconduct, interpersonal violence (including dating and domestic violence), stalking, or discrimination on the basis of pregnancy. These protections apply to students, faculty, staff, contractors, applicants and campus visitors. The Academy is committed to creating and fostering a campus environment free from all forms of sex discrimination and harassment and these policies extend to all aspects of its operations, including but not limited to, employment, educational policies, admissions policies, scholarship and loan programs and all other educational programs and activities. All such harassment will not be tolerated from any employee, student or staff member, or third party.

Any questions regarding Title IX may be referred to the Academy's Title IX Coordinator, or to:

United States Department of Education
Office of Civil Rights
500 West Madison Street, Suite 1475
Chicago, IL 60661-4544

Telephone: (312) 730-1560
Facsimile: (312) 730-1576

Email: OCR.Chicago@ed.gov

Grading Standards

Final course grades are determined based on exam scores, written and oral presentations, and clinic performance. Instructors reserve the right to adjust the final grade based on additional academic factors, such as class participation, attendance, overall comprehension, and effort. Letter grades are assigned for all didactic and non-clinical training courses. Clinic training courses are assigned a “Satisfactory” or “Non-Satisfactory” grade. See the following tables.

LETTER-GRADE COURSES	
NUMERICAL GRADE	LETTER GRADE
90 —100	A
80 —89	B
70 —79	C
60 —69	D
Below 60	F (Failure)

Graduation Requirements

Candidates are awarded the Doctorate in Acupuncture and Oriental Medicine degree upon attainment of the following requirements:

1. Completion of all required course work. A minimum of 62 credits and 1,260 clock hours must be completed with a cumulative 2.5 grade point average or “S” grade.
2. Satisfactory completion of the capstone research project.
3. Settlement of all financial obligations to AAHW.



Admission Procedures

Admissions Policy

Applicants to the Doctor of Acupuncture and Oriental Medicine program at the American Academy of Health and Wellness must meet the following conditions:

- Applicants must hold a Master's degree or equivalent in Acupuncture and Oriental Medicine from an ACAOM-accredited institution, an ACAOM-candidate institution, or its equivalent.
- Prospective students must demonstrate a cumulative grade point average of no less than 2.5 on a 4.0 scale in their previous academic experience.
- International students must have course work that has been verified by an education evaluation service for equivalency to AAHW's Master's degree program. (See below, "International Student Applications.")
- Individuals who are experienced practitioners and/or have a license to practice in the U.S., but who have not completed a Master's degree program, may submit an application for consideration by the Academy's Admissions Committee. Any options offered by the Admissions Committee will depend on the applicant's circumstances.

Application Procedure

Applicants must comply with the following procedures and must submit:

1. An Application Form with applicant's signature
2. A non-refundable \$100 Application fee (sent with the Application Form)
3. Official transcripts from all colleges attended
4. Two letters of recommendation from people who are in a position to evaluate the applicant's general character, academic abilities, perseverance, and determination to pursue a career in Oriental medicine
5. A resumé that includes educational background, professional and work experience, research and publications, and any information of significance
6. A personal essay
7. Additional documents are required for international students (see below)

In addition to the documents required for admission, as noted above, a school official might request a face-to-face interview.

Admission Policy

International Student Applications

Students who have completed their education in another country must have their foreign credentials evaluated by a recognized evaluation service, such as an agency which is an accredited member of the National Association of Credential Evaluation Services (NACES). A copy of the evaluation must be forwarded directly to AAHW's Admissions Office from the evaluation agency. Received transcripts will then be evaluated on a course-by-course basis.

English is the language of instruction for all classes at AAHW. An applicant whose native language is not English may be admitted to the program if s/he has previously completed a two-year (60 semester credits or 90 quarter credits) baccalaureate-level or graduate-level English-language education in an institution which is accredited by an agency recognized by the U.S. Secretary of Education; or has completed equivalent coursework at an institution in one of the following countries: the United Kingdom, Ireland, Australia, New Zealand, or Canada (except Quebec). Non-native speakers who have not completed the required credits at a qualifying English-language post-secondary academic institution must submit test results from the Test of English as a Foreign Language (TOEFL) internet-based test (iBT), or the International English Language Testing Service (IELTS) exam. BAI follows the standards set forth by its accreditation agency, the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM), in their Criterion 5.2 (effective 2019) regarding English-language competency. For the TOEFL iBT, ACAOM requires a total score of at least 61, including a minimum score of 26 for the speaking test, and a minimum score of 22 on the listening test. For the IELTS exam, a minimum overall band score of level 6 is required. In addition, AAHW requires a minimum TOEFL iBT score of 22 on the reading test, and a minimum score of 24 on the writing test.

AAHW will accept TOEFL or IELTS test results taken within the previous two years. BAI's recipient code number to report scores is 0104. TOEFL website: www.ets.org/toefl.

Credit Transfer

AAHW will consider a request to transfer credits into the doctoral program from another, accredited institution at the baccalaureate level or above. If a candidate wishes to submit transfer credits for consideration, he/she must complete a Transfer Credit Assessment Form and submit it along with all required documents to the Academic Director. This should be done as part of the admissions process. Transfer credits will not be considered for courses for which the candidate received a grade lower than "C," 2.0, or 70%. If it has been five years or more since the course was taken, candidates need to demonstrate that they have retained course competencies. Course work taken at an unaccredited institution will not be considered.

Course work taken at an international institution of higher education will be considered for transfer credits if the institution is approved or accredited by the Department of Education of the country in which the institution is located, and if the transcript is translated or otherwise transcribed so it can be assessed by the Academic Director.

To graduate from AAHW's doctoral program, candidates must take at least one-half of the total program credits at AAHW.

Financial Information

Program Cost & Refund Policy

Tuition for the Academy's doctoral program is priced as a flat rate (see below). One-fourth of the total tuition cost and an initial registration fee are payable at the beginning of the program. Every six months after the inception of the DAOM program, at the 6-month, 12-month, and 18-month marker, candidates will re-register for the program, and will be billed an additional one-fourth of the total tuition. Candidates may apply to the Registrar to set up a payment plan.

Tuition and Fees

Application	\$ 100.00
Foreign Student Application	\$ 100.00
Registration Fee (quarterly)	\$ 35.00
Late Registration Fee	\$ 50.00
Doctoral Program Tuition	\$27,500.00
Transfer Credit Application per Course	\$ 50.00
Graduation Fee	\$ 100.00
Malpractice Insurance Fee (bi-annual)	\$ 100.00
Withdrawal Fee	\$ 100.00
Official Transcript Fee	\$ 10.00
Copy of Diploma	\$ 25.00
Make-up Exam Fee	\$ 50.00
Charge for Returned Check	\$ 35.00
Late Payment	\$ 150.00

All fees are subject to change with sixty (60) days' notice.

Financial Information

Refund Policy

Each candidate who applies to matriculate in the Doctorate of Acupuncture and Oriental Medicine degree program shall be notified of acceptance/rejection in writing. Matriculating candidates must sign a DAOM Program Enrollment Contract.

Notwithstanding anything to the contrary, if a candidate gives written notice of cancellation within five business days of the execution of the DAOM Program Enrollment Contract a complete refund, with the exception of the Application Fee, will be given regardless of whether or not the program has started. If a candidate gives written notice of cancellation after five business days of the execution of the DAOM Program Enrollment Contract, but before the start of the program, any tuition, fees, or other charges paid will be refunded to the candidate, with the exception of the Application Fee, which will be retained by the school. Written notice of cancellation of the Enrollment Contract shall take place on the date the letter of cancellation is postmarked or, in the case where the notice is hand carried, it shall occur on the date the notice is delivered to the school. Any notice of cancellation shall be acknowledged in writing within 10 days of receipt of such notice, and all refunds shall be forwarded to the candidate within 30 business days of receipt of such notice.

Candidates who withdraw from the DAOM program may receive a tuition refund, depending on when they withdraw. Candidates who withdraw within five business days of signing the initial enrollment contract will receive a full tuition refund, as stated above. Once a 6-month quarterly period has commenced, tuition refunds are based on attendance, depending on how many attendance weekends have elapsed. If a candidate withdraws after the first attendance weekend of a 6-month quarterly period, a 75% refund of that quarter's tuition payment will be granted. If a candidate withdraws after the second attendance weekend of a 6-month quarterly period, a 50% refund of that quarter's tuition payment will be granted. Withdrawals after the third attendance weekend of any 6-month quarterly period do not qualify for a refund.

Refund Schedule

INITIAL ENROLLMENT CONTRACT	REFUND
WITHIN 5 DAYS OF EXECUTION OF ENROLLMENT CONTRACT WHETHER OR NOT TRIMESTER HAS STARTED	100%
AFTER 5 DAYS OF EXECUTION OF CONTRACT OR DAY ACCEPTED AND BEFORE START OF TRIMESTER	100%
WITHDRAWAL FROM QUARTERLY PERIOD	REFUND
First Attendance Weekend	75%
Second Attendance Weekend	50%
NO REFUND AFTER THE THIRD WEEK	

Facilities

Library



The AAHW Resource Library contains a selection of publications on Traditional Chinese medicine, Western Biomedicine and other related topics. The collection includes texts, collection of professional journals, and other online resources for research.

Clinic

The Academy's Student Clinic provides acupuncture, Chinese herbal medicine, and other TCM treatment modalities, and is open to the public, Monday through Saturday. Evening hours are also available.

Herbal Pharmacy

The Faculty/Student Clinic maintains and operates a Chinese herbal pharmacy as a service to patients and for the education of our students, who fill herbal prescriptions during their clinic shifts. The pharmacy stocks most-commonly-used Chinese herbs and patent medicines.

DAOM Faculty

American Academy of Health and Wellness has an extraordinarily capable faculty team consisting of ten full-time TCM faculty members and additional part-time faculty members. AAHW faculty members are experts in their fields, most of whom possess advanced degrees in acupuncture and traditional Chinese medicine, such as TCMD, Ph.D. and post-doctoral credentials. Following are brief descriptions of our core faculty members:

Joseph Yang, Ph.D. (Japan), M.D. (China), L.Ac. (California)

Dr. Joseph Yang earned his degree as a Doctor of Traditional Chinese Medicine from the Heilongjiang University of Traditional Chinese Medicine, with a specialization in diagnosis and pharmacology. He immediately joined the faculty at Heilongjiang University, teaching courses in the fundamental theories of Chinese medicine while serving as attending physician at Heilongjiang University Hospital until 1994. Dr. Yang pursued his post-graduate studies in psychiatry at Kobe University, Japan, where he earned a Ph.D. degree in psychiatry. His research in this field was published in the US Journal of Biological Psychiatry, earning him an invitation to the Shanghai International Medical Conference.

From 2001 to 2008, Dr. Yang held the position of Scientist/Laboratory Supervisor at Teco Diagnostics, a Chinese herbal medicine manufacturer, where he was involved in product development and research. He currently maintains a private practice in Santa Monica, California, and has been a faculty member at Emperor's College of Traditional Oriental Medicine in Santa Monica since 2002. Dr. Yang's specialty areas include acupuncture clinical techniques, Oriental medical theory, psychology and psychiatry.

Ming Jin, Ph.D. (China), M.D. (China), L.Ac. (New York)

Dr. Ming Jin received eleven years of training in Chinese and Western medicine at Shanghai University of Chinese Medicine, one of China's top medical schools, and completed her medical residency at Shanghai Wusong Hospital. She returned to Shanghai University of TCM for graduate and post-graduate studies in TCM cardiology and TCM gynecology, becoming one of the first women in China to receive a Ph.D. degree in traditional Chinese medicine gynecology.

Dr. Jin has been devoted to individualized patient care for more than 30 years, establishing the Ming Qi Natural Healthcare Center in 1991 to address the need for personalized patient care. In addition to her successful private practice, Dr. Jin works at the Memorial Sloan-Kettering Center's Integrative Medicine Department as an acupuncturist, and is a co-investigator for the National Institutes of Health's clinical research on acupuncture treatment for cancer patients with chronic fatigue, hot flashes, chest pain, and pain management.

Jeffrey Zhonxue MAH, Ph.D. (China), M.D. (China), L.Ac. (California)

Dr. Jeffrey Zhonxue Mah obtained his Master's degree from Henan University of Traditional Chinese Medicine, and his Ph.D. degree from Beijing University of Traditional Chinese Medicine. He received his medical training from the medical school of Qinghai University. Dr. Mah is the founder of Xin Jing Fang Xue Pai (Scholars' Group on New Classical Prescriptions). Dr. Mah believes that the cannon of classical TCM herbal prescriptions should not be solely limited to prescriptions from the Shan Han Lun (Treatise on Cold Febrile Diseases) and Jin Gui Yao Lue (Synopsis of the Golden Cabinet) texts, but should also include herbal prescriptions from the

Wen Bing (Warm Febrile Diseases) and other early classics. Basing his teaching on the four classic texts of TCM classical prescriptions, he has trained more than 300 students. Dr. Mah has authored a new book, *The New Classical Prescription System*, which is being adopted by the University of Herbal Medicine in California for their doctoral degree program. Dr. Mah specializes in TCM oncology, treating patients with new classical prescriptions. Dr. Mah is the author of *Second Chance: Chinese Medicine Approaches to Cancer*, and the author of a twenty-six volume series, *The Grand System of World Traditional Medicine*. Since 1996, Dr. Mah has served as president of the American Consotherapy Center and the University of Herbal Medicine in California.

Craig Mitchell, Ph.D. (China), E.A.M.P. (Washington)

Dr. Craig Mitchell received his Master of Science degree in Traditional Chinese Medicine from the American College of Traditional Chinese Medicine in San Francisco (1993). He then studied Chinese language and medicine in Taiwan for several years, and completed his Ph.D. degree in traditional Chinese medicine at the China Academy of Traditional Chinese Medicine in 2006. He has written numerous articles and translated several Chinese medical texts, including the classic *Shang Han Lun*. Dr. Mitchell is the President of the Seattle Institute of Oriental Medicine, where he also serves as a clinic supervisor and teaches classes on herbal medicine and medical Chinese. Dr. Mitchell's monumental accomplishment is the translation of the *Shang Han Lun (On Cold Damage)* text, which has been adopted as the textbook of choice in most acupuncture colleges in the United States. Dr. Mitchell takes a unique case study approach to teaching *Shang Han Lun*.

Haihe Tian, Ph.D. (China), M.D. (China), A.P. (Florida)

Dr. Haihe Tian received his Ph.D. degree in Chinese medicine from Beijing University of Chinese Medicine in China, and was mentored there by internationally known experts in TCM. After completing his medical degree, he taught and practiced traditional Chinese medicine in the affiliated hospital of Beijing University of TCM. Dr. Tian has been a TCM practitioner and professor in the United States since 1997, serving as academic dean and clinical director at the TCM school in Tampa Bay, FL. In his career, he has treated over 100,000 patients in China and America. He has served as a board member of the American Association of Oriental Medicine (AAOM), and as a committee member of the Council of Colleges of Acupuncture and Oriental Medicine (CCAOM). Dr. Tian has published 40 professional papers and 20 medical books as an author or co-author, and is a book reviewer for *Acupuncture Today*.

Wen Jiang, Ph.D. (China), M.D. (China), L.Ac. (Oregon)

Dr. Wen Jiang received both her Bachelor's and Master's degrees in acupuncture from Shandong University of Traditional Chinese Medicine, and her Ph.D. in acupuncture from Tianjin University of Traditional Chinese Medicine. As a doctoral candidate, Dr. Jiang studied with Professor Shi Xuemin, who is widely known for his mastery of classical

DAOM Faculty

needling techniques and his quantitative approach to needling techniques. She has been an acupuncture practitioner at the Fourth Hospital Affiliated to Shandong University of Traditional Chinese Medicine and at Tianjin Weixie Hospital. She has an extensive publication list relating to her fields of expertise in needling techniques and the application of acupuncture to gynecological problems. She is also the associate editor of a ten-volume acupuncture manual covering over 700 diseases and health conditions in the fields of internal medicine (three volumes), gynecology, pediatrics, geriatrics, dermatology, orthopedics, neurology, and supplementary treatment with acupuncture.

Yubin Lu, Ph.D. (China), M.D. (China), L.Ac. (Oregon)

Dr. Yubin Lu received his medical training at the Shandong University of Traditional Chinese Medicine, as well as his Ph.D. and Master's degrees in medicine. He has served as an associate professor in the Department of Chinese Medicine at Shandong University of Traditional Chinese Medicine. Dr. Lu's academic specialties include Chinese medicine theory, Chinese herbal medicine, classical Chinese medicine texts, and pulse diagnosis. In addition to being a gifted instructor, Dr. Lu pursues research on an ongoing basis. His research focus is the application of acupuncture and Chinese medicine to the most commonly-seen health conditions, and he is the author of more than seventy books in this field. Dr. Lu's flair for teaching and comprehensive knowledge of traditional Chinese medicine attracts many acupuncture and TCM graduate students to his courses and seminars. Dr. Lu served as the Academic Dean for the Master's Degree Program of Acupuncture and Oriental Medicine of the American Academy of Acupuncture and Oriental Medicine for fifteen years, and is the principal architect of AAHW's curriculum.

Mohammad Hashemipour Moussavi, M.D., Ph.D. (China), L.Ac. (New York)

Dr. M. Hashemipour Moussavi's medical background includes more than 20 years' training in Western and traditional Chinese medicine in Iran, China, and the U.S. After earning a Western medical doctorate in Iran, Dr. Hashemi continued his studies at the prestigious Beijing University of Chinese medicine, completing a clinical Ph.D. degree in acupuncture and Chinese medicine. Dr. Hashemi also worked as a professor at the Beijing University of Chinese Medicine, where he researched and taught integrative medicine for more than seven years. In addition to his Ph.D. in acupuncture and Chinese medicine, Dr. Hashemi is a TuiNa master, holding an advanced certificate in TuiNa (Chinese body work) from Dongzhimen Hospital affiliated to Beijing University of Chinese Medicine.

As part of his clinical experience, Dr. Hashemi was selected to work as an integrative medicine doctor in the Olympic village during the 2008 Beijing Olympic Games, applying acupuncture and TuiNa healing modalities for world-class athletes. He also performed similar work during the Asian Games of 2010. These two events refined his experience in TCM-based sports medicine and opened his path to teaching many intensive courses in the field of TuiNa and sports medicine.

DAOM Faculty

In the United States, Dr. Dr Hashemi became academic dean and faculty member at New York College of Health Professions, and has also passed the USMLE step 2 (United States medical licensing exam). He compiled and edited a book in the field of Oriental medicine, Diagnostics, which was published by PMPH in 2008, and he is a council member of the specialty committee of Internal Medicine in the World Federation of Chinese Medicine Society (WFCMS). Dr. Hashemi has a special interest in mind-body disorders and pain management including fibromyalgia disorder, chronic fatigue syndrome, irritable bowel syndrome, anxiety, and musculoskeletal disorders.

Arthur Yin Fan, Ph.D. (China), M.D. (China), L.Ac. (Washington, D.C./Virginia)

Dr. Arthur Yin Fan earned a medical doctorate of traditional Chinese medicine degree in China, and also completed training in the Western medicine diagnosis and treatment of neurological disorders. He went on to achieve a Ph.D. degree in Chinese Internal Medicine. His six-year medical residency focused on combining TCM and Western internal medicine. In China, Dr. Fan has conducted research in his medical specialty areas under grants from the Chinese Nature Science Foundation, and has been the recipient of several important awards from the Chinese government. In his private TCM practice in the Washington, D.C.-Virginia area, Dr. Fan applies his clinical experience to helping patients with pain, nausea, stroke, multiple sclerosis, Parkinson's disease, Tourette's syndrome, dystonia, Attention Deficit Disorder (ADD), depression, arthritis, and cancer. Dr. Fan's extensive experience in integrative medicine has earned him a position as an evaluator of the Medical Science Research Grant Applications for NIH and the Singapore national government, and as a consultant for the Integrative Medicine program at the University of Maryland medical school. He has also conducted CAM (Complementary and Alternative Medicine) research for the Georgetown University Medical School's program in nutrition and herbology, and is a CAM reviewing expert for several well-known medical publication houses including Elsevier and World Scientific.

Ning Ma, Ph.D. (China), M.D. (China), L.Ac. (New York)

Dr. Ning Ma received a medical doctorate of traditional Chinese medicine degree in China, and went on to earn his Master's and Ph.D. degrees in traditional Chinese medicine. After obtaining his M.D. and advanced degrees, Dr. Ma served as a neurologist and Director of the Department of Neurology at the Jinan Hospital of Traditional Chinese Medicine, China.

After coming to the United States, Dr. Ma became an eligible candidate for the United States Medical Licensing Examination (USMLE) while serving as Director of the Acupuncture Program at St. Vincent's Hospital in Manhattan. Dr. Ma is a professor of acupuncture at the Pacific College of Oriental Medicine and maintains a private practice in Manhattan. In clinical practice, Dr. Ma utilizes a goal-oriented methodology, setting up measurable goals for patients and providing standardized and advanced acupuncture treatment based on the patient's Western medicine and Chinese medicine diagnosis.

DAOM Faculty

Dr. Ma is the author of many articles and research papers in his field, and is an eloquent speaker on this topic to both professionals and the general public. Dr. Ma is currently writing a book on the subject of how acupuncture is treated in the Yellow Emperor's Classic of Medicine.

Ruan Jin Zhao, Ph.D. (China), M.D. (China), A.P. (Florida)

Dr. Ruan Jin Zhao attended the Beijing University of Chinese Medicine, one of the most highly-regarded medical schools in China. He earned his medical degree in traditional Chinese medicine there in 1987, and completed a Ph.D. degree in Herbal Pharmacology, Cellular Biology and Immunology in 1990. Dr. Zhao was mentored by Liu Duzhou, the authority of Shang Han Lun and its applications. Dr. Zhao also taught Chinese Medicine Cellular Biology and Immunology at Beijing University.

In the United States, Dr. Zhao has been a board-certified Acupuncture Physician and a Diplomat in Chinese Herbology since 1993. He is currently President of the Center for Traditional Chinese Medicine in Sarasota, FL, and is an affiliated member of the H. Lee. Moffit Cancer Center and Research Institute in Tampa. In his private practice, Dr. Zhao is well known as a top expert in the area of cancer treatment with Chinese medicine.

David Dehui Wang, Ph.D. (China), M.D. (China), L.Ac. (Ohio, New Mexico)

Dr. David Dehui Wang received his MD in traditional Chinese medicine from the Jiangxi College of Traditional Chinese Medicine in 1985, and then taught and practiced in the Fujian College of TCM. After receiving an advanced medical degree from the China Academy of TCM in 1990, he taught, conducted research and practiced Chinese medicine and Western medicine as an attending doctor at the Guang-An-Men Hospital in Beijing, China. Later, he obtained his Ph.D. in Chinese internal medicine from China Academy of Chinese Medical Science.

Dr. Wang came to the US in 1995 to teach at the International Institute of Chinese Medicine in Santa Fe, New Mexico. After leaving Santa Fe, Dr. Wang designed and established the first Master's degree-level professional acupuncture program in the state of Ohio, where he is also the co-founder and president of the Ohio Association of Acupuncture and Oriental Medicine. He provides academic leadership, training and guidance as a clinical assistant professor in the college of medicine at Ohio State University, and was the former Dean of Oriental Medicine at the American Institute of Alternative Medicine in Columbus.

Dr. Wang brings 30 years of experience to his roles as TCM practitioner and instructor. He has published books and articles on TCM theory and clinical practice, and is NCCAOM-certified in Acupuncture, Herbology and Asian Bodywork Therapy.

Yongming Li, Ph.D., M.D., L.Ac. (New Jersey)

Dr. Yongming Li earned a medical doctor degree in traditional Chinese medicine from the Liaoning University of Traditional Chinese Medicine in China, and practiced there for several years. He subsequently earned a Master of Science degree from Illinois State University and a Ph.D. degree in Molecular Immunology from the University of Illinois at Urbana-Champaign. He has completed resident training at North Shore University Hospital and fellowship training at Ackerman Academy-Columbia University. Dr. Li is a Licensed Physician and Acupuncturist, Chinese Herbalist, board-certified Pathologist and Dermato-pathologist.

DAOM Faculty

Dr. Li's expertise has been recognized by the National Institutes of Health, where he has served as a member of several expert committees. Dr. Li has received several research awards and grants, and has been issued four US patents. He has been practicing, teaching and doing research on traditional Chinese medicine for more than 25 years. Dr. Li's current practice is concerned with the integrative practice of Western medicine and traditional Chinese medicine including acupuncture and herbs. "Western diagnosis and Eastern treatment" is Dr. Li's focus.

Guanhu Yang, Ph.D. (Japan), M.D. (China), L.Ac. (Ohio)

Dr. Guanhu Yang received his medical degrees and training from Zhejiang Traditional Medical College and Nanjing Traditional Chinese Medical University in China. He subsequently worked as an Assistant Professor and Professor at the Medical College of Wenzhou, China. As part of his medical training, Dr. Yang engaged in both high-quality research and clinical-practice work in acupuncture and Chinese herbology. In 1993, Dr. Yang joined the staff of Toyama Medical and Pharmaceutical University of Japan, with a focus on diabetes research. After that, he moved on to the Kanazawa Medical University of Japan and completed his Ph.D. degree in lung injury and repair. During that time, Dr. Yang served as the chief acupuncturist at Fujinoki Hospital and Sakurai Hospital in Japan.

Dr. Yang relocated to the U.S. after completing his Ph.D., and continued his research in pulmonary biology at Cincinnati Children's Hospital. In his private practice, Dr. Yang has opened acupuncture clinics in Cincinnati and Mason, Ohio.

Guanyuan Jin, M.D. (China), L.Ac. (Wisconsin)

Dr. Guanyuan Jin graduated from Zhejiang Medical University, China, where he later served as a physiology professor and engaged in acupuncture-related research studies. In the course of his education, Dr. Jin had the opportunity to study under such acknowledged masters of Chinese medicine as Master Jiao Mianzhai of Shandong, China, one of the four pioneering acupuncturists in modern China, as well as distinguished experts Zheng Kuishan of Gangshu, China, and Wei Jia of Jiangxi, China.

Coming to the United States in the late 1980s, Dr. Jin completed a post-doctoral fellowship at the Medical College of Wisconsin and became one of first national-board-certified acupuncturists and Chinese herbologists in the US. Dr. Jin has been involved with traditional Chinese medicine practice and research for more than 40 years, and is a recognized expert in systems medicine, physiology, chronobiology, neurology, cardiology and oncology. Dr. Jin has also authored 20 professional textbooks, including his latest book, *Contemporary Medical Acupuncture - A Systems Approach*. Some of Dr. Jin's titles and honors include Honorary Professor (of TCM) at Guangzhou University, PRC, President of the International Institute of Holistic Medicine, USA, Board Chair of the Association of Chinese Scientists and Engineers (ACSE), USA, and founding President of the Society of Chinese American Professors and Scientists (SoCAPS).

DAOM Faculty

Biao Lu, M.D. (China), L.Ac. (California)

Dr. Biao Lu earned his medical degree at Gansu College of Traditional Chinese Medicine, and then worked as Chief Acupuncture Physician at Dong Zhi Men Hospital in Beijing, which was featured in Bill Moyer's 'Mysteries of Qi' series. As the top student in his medical class, he was awarded the honor of studying specialized acupuncture techniques with two world-renowned acupuncturists: Professor Zheng Kuishan, and Professor Yang Jiasan, one of the premier acupuncturists in China who was featured in Bill Moyer's 'Healing and the Mind' program on PBS. During this time, Dr. Lu learned effective acupuncture techniques such as "Setting the Mountain on Fire" and "Penetrating Heaven's Coolness" – two techniques rarely practiced in the West, but which are extremely effective for immunological and neurological disorders, as well as all types of pain conditions that have not been alleviated through other healing modalities.

Dr. Lu currently resides and practices in Los Angeles, where he specializes in male infertility, dermatology, psoriasis, eczema, allergies, asthma, and pain conditions, and is recognized as an expert in Qigong healing.

Daiyi Tang, Ph.D. (China), M.D. (China), L.Ac. (Florida)

Dr. Daiyi Tang graduated from Chengdu University of Traditional Chinese Medicine with his Bachelor's and Master's degrees in traditional Chinese medicine. He attended Peking Union Medical College Hospital and the China Academy of Medical Science, where he received his Ph.D. in integrative medicine (integrating Chinese and Western medicine). During Dr. Tang's doctoral studies, his advisor was Dr. Zhu Chenyu, a famous contemporary Chinese medicine physician in China and the architect of the first TCM curriculum at Beijing University of Traditional Chinese Medicine. In the United States, Dr. Tang has taught at Southwest Acupuncture College, New York College of Health Professions, American Academy of Acupuncture and Oriental Medicine, and Atlantic Institute of Oriental Medicine in Ft. Lauderdale. Dr. Tang is Editor-In-Chief of the International Journal of Clinical Acupuncture, has published twenty-five papers and two books in his TCM field, and has translated nine TCM books into English.

Hui Ouyang, M.D. (China), DC, L.Ac. (Texas)

Dr. Hui OUYANG is a Doctor of Oriental Medicine, Licensed Acupuncturist and Doctor of Chiropractic. Originally a medical doctor in China, Dr. Ouyang is currently practicing in Houston areas with clinic, research and teaching experience in acupuncture and Chinese medicine, as well as chiropractic manipulations. His treatments for the main players in Houston Dynamo Team are of significant influence. His patient was also reported on New York Times as an example for acupuncture to treat pain more effectively than drugs.

Dr. Ouyang grew up in China in a doctor family of traditional Chinese medicine (TCM). In 1993, he also completed a 5-year full-time program of professional education majoring in acupuncture and TCM with M.D. degree in China. After graduation, he had been working at a major hospital of Chinese medicine undergoing a 6-year residency training of TCM Orthopedics. After moving to the US in 1999, he got intensive experience in acupuncture research by

DAOM Faculty

working as a research fellow in the University of Texas Medical Branch at Galveston, and a research scientist in Transneuronix Research Company. His papers were published in prestigious medical journals. To update knowledge, he went back to school again and graduated from Texas Chiropractic College as Doctor of Chiropractic in 2008. Dr. Ouyang is also teaching master and doctoral degree programs at American College of Acupuncture and Oriental Medicine.

Daniel Jiao, MD (China), DAOM, L.Ac. (California)

Dr. Jiao graduated from Beijing University of Chinese Medicine in China, and holds a Doctorate in Acupuncture and Oriental Medicine from the American College of TCM in the USA. Dr. Jiao served on the Board of Directors of the National Commission for the Certification of Acupuncture and Oriental Medicine (NCCAOM) as Board Chairman (3 years), and Commissioner (9 years), and was a consultant for the California State Acupuncture Board. He also served as chief instructor of Oriental Medicine in the Medical Acupuncture Program at Stanford University, and taught in the Department of Health Sciences at California State University, Long Beach. Presently, Dr. Jiao is the Director of Doctoral Medicine and a Professor at the American College of Acupuncture & Oriental Medicine, specializing in TCM gynecology and pain management. He was named “Best Acupuncturist” in the San Francisco Bay Area by Focus magazine.

Decheng Chen, Ph.D. (China), M.D. (China), L.Ac. (New York)

Dr. Decheng Chen holds a Ph.D. degree in acupuncture. He spent 11 years studying acupuncture in China, where he received his Bachelor's, Master's and Ph.D. degrees in the field. Before coming to the US, he worked as a professor in the affiliated hospital of the Academy of TCM in Beijing. Dr. Chen has more than 30 years' clinical and teaching experience in China, Russia, Egypt, Dubai, U.A.E. and the United States. He has practiced and taught in New York, New York for the last 20 years. To maintain acupuncture at the cutting edge of musculo-skeletal therapy, Dr. Decheng Chen has developed an integrative technique he calls jing-jin-zhen-fa, or motion/tendon acupuncture. Over decades of experimentation and practice, Dr. Chen has combined acupuncture with many of the most effective techniques from sports medicine and other forms of myofascial release to create a powerful, acupuncture-based therapeutic technique. “Motion acupuncture,” with its ability to pinpoint its treatment targets, can improve the effectiveness of standard acupuncture significantly. In China, Dr. Chen was mentored by Qiu Maoliang, one of the most influential acupuncture practitioners of the twentieth century.

DAOM Faculty

Chuan-Min Wang, DC, L.Ac. (Illinois)

Dr. Chuan-Min Wang, D.C., L.Ac., is the director of World Tung's Acupuncture Committee of The World Federation of Acupuncture-Moxibustion Society (WFAS). He has practice in Wang Acu-Chiropractic Clinic in Chicago since 1999. Dr. Chuan-Min Wang, D.C., L.Ac., was born in Taiwan. He received Philosophy B.S. degree from Fu-Jen Catholic University in 1974, and later received Education Master degree from National Taiwan Normal University in 1977. During his college years, he studied Chinese Philosophy and I-Chin from Master Hwai-Jin Nan. During 1972-1974 he learned acupuncture directly with Master Ching-Chang Tung. Then he was the instructor of philosophy in college and practiced acupuncture at home in Taiwan. After he immigrated to US, he continuously studied chiropractic technique and received Doctor of Chiropractic degree in 1999. Later he received the chiropractic physician and acupuncturist licenses and started his practice in Illinois. He was invited to promote Tung's Acupuncture three days in He'nan Traditional Chinese Medicine by The World Federation of Acupuncture-Moxibustion Society (WFAS). In August 2013. Dr. Wang publishes his book, Introduction to Tung's Acupuncture. Now he is the director of World Tung's Acupuncture Committee of the World Federation of Acupuncture-Moxibustion Societies (2013-now).

Jingduan Yang, MD, FAPA, L.Ac. (Pennsylvania)

Dr. Yang is a respected scholar, teacher and prominent practitioner of Chinese medicine, Integrative Medicine and Psychiatry. A fifth-generation teacher and practitioner of Chinese medicine, Dr. Yang was trained in neurology and psychiatry at the prestigious Fourth Military Medical University in Xian, and at the WHO Collaborative Center of Mental Health in Shanghai, China. He completed a research fellowship in clinical psychopharmacology at Oxford University; residency training in psychiatry at Thomas Jefferson University in Philadelphia; and an Integrative medicine fellowship at the University of Arizona, led by Dr. Andrew Weil.

Dr. Yang is the founder and medical director of the Yang Institute of Integrative Medicine, with offices in Pennsylvania, New York, and New Jersey; and is also the director of the Oriental Medicine and Acupuncture Program at the Jefferson Myrna Brind Center of Integrative Medicine in Philadelphia. He has recently completed a textbook for medical professionals: *The Clinical Acupuncture and Ancient Chinese Medicine*, soon to be published by Oxford University Press.

In his clinical practice, Dr. Yang emphasizes a philosophy of integrating the emotional, the physical, the biochemical and the spiritual in order to improve the lives of his patients.

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10. Employment History. List in chronological order the jobs you have held in the past 5 years.

Employer Name	Position and Type of Employment	Dates

What is your current occupation? _____

11. Have you ever had a credential or license revoked or suspended? Yes _____ No _____
If yes, please explain:

12. Have you ever been convicted of a felony? Yes _____ No _____
If yes, please explain:

13. Letters of recommendation. Please list the names and addresses of two persons you are asking to send letters of recommendation. These letters should be sent directly to AAHW.

14. Personal statement. Please write a 500-word essay (on a separate sheet) about yourself and why you want to attend AAHW.

15. How were you referred to AAHW?

The following materials must be submitted to AAHW with this application.

- A. Completed Application for Admission Form.
- B. A letter stating your personal educational and professional goals including your reasons for wishing to attend the American Academy of Health and Wellness.
- C. Application fee of \$100.00. Foreign Student Application \$150.00
- D. Official transcript from all post-secondary institutions attended (sent directly to AAHW from the institutions).
- E. Two letters of recommendation.
- F. Foreign students: Transcripts from foreign institutions must be evaluated by member before submission. You must submit the results of a TOEFL or IELTS test if English is not your native language.

I hereby certify that the information given by me in this application is true and correct.

Signature _____ Date _____

American Academy of Health and Wellness is registered with the Minnesota Office of Higher Education pursuant to Minnesota Statutes sections 136A.61 to 136A.71. Registration is not an endorsement of the institution. Credits earned at the institution may not transfer to all other institutions.

